

Newsletter #4

September, 2003

I love Fall. Always have. This is the time of year I get homesick for the East Coast. There is nothing that can beat the beauty of Autumn in New England: the cool, crisp days, the patchwork of colored leaves, the great smell of a brand new virgin box of Crayolas on the first day of school, finally getting to wear those new back-to-school clothes (uniforms for me)...This is the one time of year, I seriously consider moving back. Then it snows and I remember why I moved away in the first place.

As I write this, it has been 5 days since our vet put our Tabby, Sam, to sleep. He was 8 years old and had a cancerous tumor in his abdomen and all through his lymph glands. He had suddenly lost a lot of weight and wasn't eating much and the vet found a tumor. He had exploratory surgery yesterday to see if cancer was involved and our vet called us when he was on the table and said the kindest thing for Sam would be to put him to sleep immediately. The vet couldn't understand how he hadn't been in pain but Sam had insisted to me he wasn't. I think now he received a gift from God so we could be together a little longer.

Please humor me for a couple of minutes and let me talk about Sam. He was what you got when a kitten grows up knowing nothing but love. He was gentle and sweet, and when he used his voice, which wasn't very often, he mewed softly. He was the master of the Silent Meow. He liked to lie between the computer monitor and the keyboard so he could be part of my work. He slept cuddled between my husband Stu's feet. His nightly routine was to check each window before coming to bed. He always said, "I'm a good boy" and he was. When I'd cuddle him and call him "Mommy's itty bitty baby kitten boy" he's insist, "Not kitten. Big boy!"

His uncle Gandhi, our Siamese, took over his care immediately after he arrived at 4 weeks and spent the rest of his years trying to teach him to be Siamese. Gandhi called him "child" until Sam grew up and then he called him "brother". Gandhi groomed him, cuddled him, and waited until Sam ate before he started his own meal. When I walked past them one day when they were looking at birds outside the window, I caught Gandhi's words of wisdom, "No, you don't want to do that. The little bones get stuck in your teeth." Finally, Gandhi compromised and pronounced Sam a "Tabbymese".

When Gandhi passed a couple of years ago, we showed his body to Sam and to Isabeau, our Grande Dame of 17 so that they knew what had happened to him. Gandhi passed in my arms at home, so we could do that. Sam then became the "man" of the house. He liked sitting on our chests (we called it our "cat scan") and give kisses on our faces. He'd reach out with a gentle paw and turn our face to his and give kisses. He was the sweetest cat I've ever known.

Saturday, we received a sympathy card from our vet which told the story of the Rainbow Bridge. I had never heard of it before. It tells of a land just over the Rainbow Bridge a

pet passes over when he dies. I was flabbergasted to read the description because it is exactly the place Br. Francis told me about years ago where he takes the pets who are newly crossed over. If you want to know more about the Rainbow Bridge, go to www.RainbowBridge.com. It is also on my new links page. It's a must for anyone who has lost a beloved pet.

Many of you have heard my lectures on my experiences with pets or whom I have talked to your pets who are over the Rainbow Bridge. You may have been told that animals have no souls. That is just not true. They have the same souls as we have. Like us, they are a part of the whole we call God. They chose their form when they set up their lives, just like us. For whatever reason, they chose animal forms. There is no hierarchy. We were given dominion over them, yes, but as caretakers and companions.

When their lives are over, they often try to cross the Rainbow Bridge without our being present so that we will not suffer their passing. I have had so many tell me "Tell my Mom not to feel guilty for not being with me. I didn't want her there." Or "Tell my human I could never be angry with him for taking me to the vet to be put to sleep. He did me a favor and I am forever grateful. He helped release me from a body that could no longer serve me when I couldn't leave it myself."

Trust your inner voice when it comes to your beloved companion just as you do when going about any other part of your life. God will tell you what to do, and so will your pet.

Goodbye, Sam. Thank you for all the years of joy. Thank you for being Mommy's little kitten boy. Oh, right, not kitten. Big boy.

I don't believe in pessimism – Clint Eastwood

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This page is for all those who have asked me for a complete list and description of the Universal Laws. These are the laws that were set into motion by the Creator, God, goddess, or whatever you want to call the Whole of which we are all parts. These laws cannot be changed and have no "loopholes" that we humans love to look for. If we live in accordance with them, our lives are a lot easier than if we keep beating our wings against them trying to make them into what we want them to be. It's like playing a game - if you know the rules, you can play better. Here are the laws of life, Part I:

Universal Law #1

Everything in existence is Love expressing intelligently through Energy.
I'm using "love" here to identify the source of creation, or God. Where we use the word "God", the scientist (husband Stuie) calls "What Is". Einstein's Unified Field theory, expressed in layman's terms, states that everything in existence originates from and returns to the same source. Theoretical physicist husband Stu says all energy is neutral. Those wishing to discuss that with him, go to Dretceterini@hotmail.com. He loves to debate these things, hence his lifelong occupation.

Everything is an expression of this source. All intelligence is also contained in this source, which creates all of creation as an expression of itself. Imagine a large circle with a dot in the center. Let the circumference of the circle represent all of creation and let the dot in the center present the source. In order to express itself the source moves in an intelligent way which creates energy. What appears to be matter is just energy vibrating at a very rapid rate (those vibrations I'm talking about in readings). Stueie tells us that what appears to be solid or matter is actually empty space.

All energy is intelligent and invincible. Energy is never destroyed, it only changes form. Us too.

Universal Law #2

Thought directs energy. Thought creates movement. When God (nice short word easy to type so I'll use it here) thinks, creation occurs. It is the thought, intent, or belief of the thinker that directs energy or attracts the energy necessary to manifest that thought or belief. Because we are a part of God, we also have the ability to create and we do so every minute of our lives. THIS IS THE MEANING OF LIFE! Once we know it, we can take charge of our life and create that which will make it better, rather than letting everybody else's thoughts shape it.

Universal Law #3

This is the law of attraction and repulsion. This law acts like a vacuum to pull in the energy necessary to fill the forms we create with our beliefs and thoughts. Energy is always available for creating anything. Energy is always available for creating anything, but what we experience will be what we truly believe in and focus our attention on. The law of attraction and repulsion works both ways. It repels the energy that does not fit the form created by our thoughts, beliefs and attention. What goes around, comes around. We get what we expect to get. The energy we creates out into the energy fields and attracts to itself its perfect reflection and return it to us. Anything is possible, but only what we believe in will be our experience.

I'll discuss the rest of the laws next time

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If you think you can, you can. And if you think you can't, you're right
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Here are my appearances for September and October

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| Sept. 13 | Santa Barbara | Earl Warren Hall | Psychic Fair |
| Sept. 14 | Ventura | Marriott Hotel | Psychic Fair |
| October 18 | San Diego | Scottish Rite Center | Psychic Fair |
| October 19 | Del Mar | Hilton Hotel | Psychic Fair |

As always, if you e-mail me, I will send you free passes to the fairs. Regular admission is \$5.00.

I will be doing the next radio show on KRUZ 103.3 Sept 11 from 8 a.m. to 10 a.m.

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Affirmation for honoring ourselves
For Women by Louise Hay

I am a valued human being.
I am always treated with respect.
I am empowered.
I am supportive of other women.
I easily speak up for myself.
I deserve to have boundaries.
My boundaries are respected.
I make waves whenever I need to.
I have a good support team.
I have integrity.
The more open I am, the safer I am.
My self-worth is very strong.
I am a woman healing other women.
I have a strong energy barrier.
The men in my life honor women.
I take my power back.
I love and honor myself.

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The greatness of a nation and its moral progress can be judged by the way its animals are treated. – M. Gandhi

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I know I may be harping, but the ignorance thing happened again this month and so I am going to print the following I got from a client:

Laura Schlessinger is a US radio personality. Recently, she said that as an observant Orthodox Jew, homosexuality is an abomination according to Leviticus 18:22 and cannot be condoned in any circumstance. The following is an open letter to Dr. Laura penned by a US resident, that was posted on the internet.

Dear Dr. Laura: thank you for doing so much to educate people regarding God's Law. I have learned a great deal from your show, and I try to share that knowledge with as many people as I can. When someone tries to defend the homosexual lifestyle, for example, I simply remind them that Leviticus 18:22 clearly states it to be an abomination. End of debate. I do need some advice from you, however, regarding some of the specific laws and how to follow them.

1. when I burn a bull on the altar as a sacrifice, I know it creates a pleasing odor for the Lord. (Lev. 1:19) the problem is my neighbors. They claim the odor is not pleasing to them. Should I smite them?
2. I would like to sell my daughter into slavery, as sanctioned in Exodus 21:7. In this day and age, what do you think would be a fair price for her?

3. I know that I am allowed no contact with a woman while she is in her period of menstrual uncleanness (Lev. 15:19-24). The problem is, how do I tell? I have tried asking, but most women take offence.
4. Lev. 25:44 states that I may indeed possess slaves, both male and female, provided they are purchased from enamoring nations. A friend of mine claims that this applies to Mexicans but not Canadians. Can you clarify? Why can't I own Canadians?
5. I have a neighbor who insists on working on the Sabbath. Exodus 35.2 clearly states he should be put to death. Am I morally obliged to kill him myself?
6. A friend of mine feels that even though eating shellfish is an abomination (Lev. 11:10) it is a lesser abomination than homosexuality. I don't agree. Can you settle this?
7. Lev. 21:20 states that I may not approach the altar of God if I have a defect in my sight. I have to admit that I wear reading glasses. Does my vision have to be 20/20 or is there some room for negotiation here?
8. Most of my male friends get their hair trimmed, including the hair around their temples, even though this is expressly forbidden by Lev. 19:27. How should they die?
9. I know from Lev. 11:6-8 that touching the skin of a dead pig makes me unclean, but may I still play football if I wear gloves?
10. My uncle has a farm. He violates Lev. 19:19 by planting two different crops in the same field, as does his wife by wearing garments made of two different kinds of thread (cotton/poly blend). He also tends to curse and blaspheme a lot. Is it really necessary that we go to all the trouble of getting the whole town together to stone them? (Lev. 24:10-16)? Could we just burn them to death at a private family affair like we do with people who sleep with their in-laws? (Lev. 20:14)

I know you have studied these things extensively, so I am confident you can help. Thank you again for reminding us that God's word is eternal and unchanging. Your devoted disciple and adoring fan, John.

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Have a great Fall. I look forward to hearing from you!

Blessings,
Patricia